













By DOROTHY SCOTT Home Demonstration Agent

Calendar: Wednesday, October 16—District Home Demonstration Rally, Harrison. Friday, October 18—Adult Recreation School, Gladwin.

All home demonstration group members and guests they wish to invite are welcome to attend the district rally event at Harrison on October 16.

The day's program is varied and includes opportunity to get acquainted with new women and

renew acquaintances with those met on other occasions. Each of the county chairmen will have a short part in the program. Edna Sommerfield, district home economics supervisor from Michigan State University, will offer pointers to call our attention to the variety of opportunities open to women for learning and for services in their community through home demonstration group membership.

Speaker of the afternoon will be Mrs. Ben Mikkala. Her topic is "Associated Countrywomen of the World" and results from her representation of Michigan home demonstration women at the conference of this organization held in Ceylon this summer. She will have slides to illustrate her remarks.

For the first time a noon meal will be served to those who have made reservations to enjoy delicious barbecued chicken and the fixin's.

The Adult Recreation School to be held in Gladwin on October 18 is open to anyone, man or woman,

who has a responsibility for the recreation or "fun" part of an organization's activities.

Beginning at 10 o'clock in the morning, this is a fun-packed opportunity to enjoy and learn to teach games, stunts and folk dancing. Conducting the training school will be Arden Peterson, recreation specialist from Michigan State University.

We will be happy to help arrange cooperative transportation for those who can arrange to participate in this event. Let us hear from you soon.

If you should ever be trapped by fire in your home, here is some advice that could be worth your life: Hold your breath if you have to dash through smoke and flame; and remember, too, in a smoke filled room the air is usually fresher near the floor. October 6-12 is Fire Prevention Week. Do not give fire a place to start.

Listen to your children—they might give you a hint as to why they do not eat the breakfast you wish they would. You may hear statements like these: "No appetite," "Ate what was there," "Food's not there," "Too little time," "Had to prepare the food myself."

Some research which was done in Pennsylvania shows that children themselves have solutions for their breakfast problems when they suggest they ought to get up earlier, go to bed earlier, have the kind of food they enjoy, have someone with whom to share the breakfast meal.

More than one-fourth of the children in the survey got their own breakfasts, and their breakfast record was poor. When adults supervised or ate breakfast with the children the eating was better than if they breakfasted alone. Children ate better breakfasts if the meal was prepared for them, especially if they had helped an adult prepare it.

Are the breakfast experiences and habits of family members in your home "tops" or can some improvements be made in the light of research results?

The Hale HDA group met at the Hale Area School Thursday evening for a lesson on drapery. Miss Dorothy Scott, Isoco HDA agent, gave the lesson and showed a movie entitled "Well Dressed Windows." Ideas were exchanged and Miss Scott will help anyone who is planning to make drapes.

It was decided to hold election of officers in October. The lesson for October will be Christmas Ideas and Decorations. The group welcomed Mrs. Dale Bush and Mrs. Louis Katterman as new members and greeted the members back in the group from former years.

Each member plans to ask another person to join the HDA group for the October lesson which will be held at the school, October 24 at 8:00 p. m. Mrs. Dale Humphrey and Mrs. C. Attwell were hostesses.

The Esmond Road Home Demonstration Group met at the home of Mrs. Charles Attwell for a lesson on drapery. Miss Dorothy Scott, Isoco HDA agent, gave the lesson and showed a movie, "Well Dressed Windows."

Election of officers was held with Mrs. Hugh Slosser elected chairman and Mrs. Attwell, secretary-treasurer.

Refreshments were served by the hostess. The next meeting will be held at the home of Mrs. Sinclair on M-65 October 25 at 1:00 p. m. The October lesson will be Christmas Ideas and Decorations.

Tawas Homemakers

Hold First Fall Meeting

The Tawas Homemakers held their first fall meeting in the Surf Room at Harbor Lights Wednesday evening, September 25.

Plans for the coming year were discussed, and an election was held. Mrs. Emery Sylvester was elected chairman; Mrs. Joseph Palumbo, vice chairman; Mrs. Richard Bertsch, secretary-treasurer; Mrs. Paul Sayles, counsel delegate; Mrs. Robert Elliott Jr., reporter, and Mrs. Ronald Hackborn and Mrs. Howard Adams, project leaders.

After the business meeting a social time was enjoyed, and Mrs. Robert Nelson and Mrs. Robert Elliott Jr. were presented with baby gifts from the ladies.

Mrs. Neil Luedtke, outgoing chairman, was hostess, and refreshments were served at tables decorated with flowers and favors. The next regular meeting will be held Wednesday, October 16, at the home of Mrs. William McIntosh.

NO STATEHOOD

The senate set aside until next year action on bills to grant statehood to Hawaii and Alaska. This issue has come to the attention of congress every year for the past decade or so, with no final action being taken.

Science Develops New Tablet: Relieves Painful Monthly Cramps For 3 out of 4 Women Tested! Gives Greater Relief Than Aspirin!

For millions who suffer torture of cramps, nervous tension every month, an amazing new tablet brings greater relief than aspirin! Its unique combination of medicines acts on the cause of distress. (Even contains blood-building iron.) For 3 out of 4 women tested, pains and cramps were stopped or strikingly relieved. Called "Lydia Pinkham's Tablets," they're sold at all drug-stores. Try Pinkham's Tablets yourself. See if you don't escape much of the irritability and discomfort during your period!

IF YOU PREFER A LIQUID

Weekly Television PROGRAM SCHEDULE

Weekly program schedule of Station WNEB-TV, Channel 5, Bay City, serving Saginaw, Bay City, Flint, Midland and North-eastern Michigan.

Friday, October 4—

- 7:00—Today. 7:25—Flint News. 7:55—Saginaw, Bay City News. 8:25—Channel Five Weather. 8:55—Flint News. 9:00—Home in Michigan. 9:10—Exercises. 9:20—Man On The Street. 9:25—Coffee Break. 9:35—Uncle Tom's Cabin-et. 9:50—Celebrity Time. 10:00—The Price Is Right. 10:30—Truth Or Consequences. 11:00—Tic Tac Dough. 11:30—It Could Be You. 12:00—Take Five. 12:05—State Report. 12:30—Club Sixty. 1:00—Woman's World. 1:30—Bride and Groom. 2:00—Matinee Theater. 3:00—Queen For A Day. 3:45—Modern Romances. 4:00—Comedy Time. 4:30—Trouble With Father. 5:00—Fun House. 5:45—NBC News. 6:00—Sky King. 6:30—Top Of The News. 6:45—Weather. 6:50—World Of Sports. 7:00—Disneyland. 8:00—M-Squad. 8:30—The Thin Man. 9:00—Cavalcade of Sports. 9:45—Red Barber's Corner. 10:00—Date With The Angels. 10:50—Silent Service. 11:00—Five Star Final. 11:15—Weather. 11:20—Man On The Street. 11:30—Tonight. 12:30—Swing Shift Movie.

Saturday, October 5—

- 7:00—Western Theater. 8:00—Morning News. 8:15—Saturday Theater. 10:00—Fury. 10:30—Terry and The Pirates. 11:00—Understanding Our World. 11:30—Western Theater. 12:30—Big Picture. 1:00—Saturday Theater. 4:15—California vs. MSU. Imm. Foll: Football Scoreboard. 6:30—People Are Funny. 7:00—Perry Como. 8:00—Polly Bergen. 8:30—Gisele MacKenzie. 9:00—Dean Martin. 9:30—Your Hit Parade. 10:00—Dr. Hudson. 10:30—O. Henry Playhouse. 11:00—News. 11:15—This Week In Sports. 11:30—Six Store Playhouse.

Sunday, October 6—

- 8:00—Sunday News. 8:15—To Be Announced. 9:15—The Christophers. 9:45—This Is The Life. 10:15—Stage Five Theater. 11:55—News Digest. 12:00—Championship Bowling. 1:00—Building America. 1:30—Wisdom. 2:00—Youth Wants To Know. 2:30—Look Here. 3:00—Wide Wide World. 4:30—Outlook. 5:00—Meet The Press. 5:30—Liberace. 6:00—Ted Mack. 6:30—Sally. 7:00—Steve Allen. 8:00—Bob Hope Show. 9:00—The Web. 9:30—Lawrence Welk. 10:30—News. 10:45—Conservation Report. 11:00—Premiere Performance.

Monday, October 7—

- 7:00—Today. 7:25—Flint News. 7:55—Saginaw, Bay City News. 8:25—Channel Five Weather. 8:55—Flint News.

- 9:00—Home in Michigan. 9:10—Exercises. 9:20—Man On The Street. 9:25—Coffee Break. 9:35—Uncle Tom's Cabin-et. 9:50—Celebrity Time. 10:00—The Price Is Right. 10:30—Truth Or Consequences. 11:00—Tic Tac Dough. 11:30—It Could Be You. 12:00—Take Five. 12:05—State Report. 12:30—Club Sixty. 1:00—Woman's World. 1:30—Bride and Groom. 2:00—Matinee Theater. 3:00—Queen For A Day. 3:45—Modern Romances. 4:00—My Little Margie. 4:30—Trouble With Father. 5:00—Fun House. 5:45—NBC News. 6:00—Hawkeye. 6:30—Top Of The News. 6:45—Weather. 6:50—World Of Sports. 7:00—Restless Gun. 7:30—Wells Fargo. 8:00—Twenty-One. 8:30—O. Henry Playhouse. 9:00—Suspicion. 10:00—Highway Patrol. 10:30—You Bet Your Life. 11:00—Five Star Final. 11:15—Weather. 11:20—Man On The Street. 12:30—Swing Shift Movie.

Tuesday, October 8—

- 7:00—Today. 7:25—Flint News. 7:55—Saginaw, Bay City News. 8:25—Channel Five Weather. 8:55—Flint News. 9:00—Home in Michigan. 9:10—Exercises. 9:20—Man On The Street. 9:25—Coffee Break. 9:35—Uncle Tom's Cabin-et. 9:50—Celebrity Time. 10:00—The Price Is Right. 10:30—Truth or Consequences. 11:00—Tic Tac Dough. 11:30—It Could Be You. 12:00—Take Five. 12:05—State Report. 12:30—Club Sixty. 1:00—Woman's World. 1:30—Bride and Groom. 2:00—Matinee Theater. 3:00—Queen For A Day. 3:45—Modern Romances. 4:00—My Little Margie. 4:30—Trouble With Father. 5:00—Fun House. 5:45—NBC News. 6:00—Annie Oakley. 6:30—Top Of The News. 6:45—Weather. 6:50—World Of Sports. 7:00—George Gobel Show. 8:00—Meet McGraw. 8:30—Bob Cummings Show. 9:00—The Californians. 9:30—Wyatt Earp. 10:00—State Trooper. 10:30—Frontier Detective. 11:00—Five Star Final. 11:15—Weather. 11:20—Man On The Street. 11:30—Tonight. 12:30—Swing Shift Movie.

Wednesday, October 9—

- 7:00—Today. 7:25—Flint News. 7:55—Saginaw, Bay City News. 8:25—Channel Five Weather. 8:55—Flint News. 9:00—Home in Michigan. 9:10—Exercises.

- 9:20—Man On The Street. 9:25—Coffee Break. 9:35—Uncle Tom's Cabin-et. 9:50—Celebrity Time. 10:00—The Price Is Right. 10:30—Truth Or Consequences. 11:00—Tic Tac Dough. 11:30—It Could Be You. 12:00—Take Five. 12:05—State Report. 12:30—Club Sixty. 1:00—Woman's World. 1:30—Bride and Groom. 2:00—Matinee Theater. 3:00—Queen For A Day. 3:45—Modern Romances. 4:00—Comedy Time. 4:30—Trouble With Father. 5:00—Fun House. 5:45—NBC News. 6:00—Trouble With Father. 6:30—Top Of The News. 6:45—Weather. 6:50—World Of Sports. 7:00—Circus Boy. 7:30—Kraft TV Theater. 9:00—This Is Your Life. 9:30—Life of Riley. 10:00—Ozzie and Harriet. 10:30—Big 10 Highlights. 11:00—Five Star Final. 11:15—Weather. 11:20—Man On The Street. 11:30—Tonight. 12:30—Swing Shift Movie.

Thursday, October 10—

- 7:00—Today. 7:25—Flint News. 7:55—Saginaw, Bay City News. 8:25—Channel Five Weather. 8:55—Flint News. 9:00—Home in Michigan. 9:10—Exercises. 9:20—Man On The Street. 9:25—Coffee Break. 9:35—Uncle Tom's Cabin-et. 9:50—Celebrity Time. 10:00—The Price Is Right. 10:30—Truth Or Consequences. 11:00—Tic Tac Dough. 11:30—It Could Be You. 12:00—Take Five. 12:05—State Report. 12:30—Club Sixty. 1:00—Woman's World. 1:30—Bride and Groom. 2:00—Matinee Theater. 3:00—Queen For A Day. 3:45—Modern Romances. 4:00—My Little Margie. 4:30—Trouble With Father. 5:00—Fun House. 5:45—NBC News. 6:00—Rin Tin Tin. 6:30—Top Of The News. 6:45—Weather. 6:50—World Of Sports. 7:00—To Be Announced. 7:30—Dragnet. 8:00—People's Choice. 8:30—Tennessee Ernie Ford. 9:00—Lux Show. 9:30—Jane Wyman. 10:00—Michigan Outdoors. 10:30—Telephone Time. 11:00—Five Star Final. 11:15—Weather. 11:20—Man On The Street. 11:30—Tonight. 12:30—Swing Shift Movie.

FLU VACCINE

The public health service announced recently the release of 10,028,295 additional doses of Asian Flu vaccine—bringing to 3,705,770 the total dosage made available so far. The vaccine first became available on August 12.

EMTA To Hold Annual Meeting in Bay City October 17

The East Michigan Tourist Association will hold its 47th annual meeting in Bay City on Thursday, October 17, with the day's activities scheduled for the Wenonah Hotel.

The EMTA, which serves 29 counties in eastern and central Michigan, is actively engaged in the year around promotion of the tourist industry in this area of the state, and the meeting will mark the 47th consecutive year of operation.

Harold L. Gould, EMTA president from East Tawas, will preside at the afternoon business session and the traditional evening banquet. Dr. Carl S. Winters, noted inspirational speaker from Oak Park, Illinois, will present the main address at the evening banquet. Dr. Charles L. Anspach, president of Central Michigan College at Mt. Pleasant, will be toastmaster.

Speaking at the noon luncheon, to be held jointly with the luncheon clubs of Bay City, will be Ross Roy, president of Ross Roy, Incorporated, advertising agency, of Detroit. The afternoon business session

will feature a panel discussion presented by the Michigan Conservation Department Director Gerald E. Eddy as panel chairman.

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